

## AMARANTHUS

<b>BOTANICAL NAME</b>	<b>:-</b>	<b>Amaranthus spinous</b>
<b>FAMILY</b>	<b>:-</b>	<b>Amaranthaceae</b>
<b>LOCAL NAME</b>	<b>:-</b>	<b>Kynbat amaranth</b>
<b>HINDI NAME</b>	<b>:-</b>	<b>Amarant</b>



### HABITS AND HABITATS :-

A herb which is found growing unnecessarily in any places as weed. Nature to warm, temperate climate of India.

### PLANTS DESCRIPTION :-

It is an erect herb upto 75 cm tall with green to white flower. The stem is soft, prickly and erect. The leaves is simple, alternative and usually eaten as vegetable.

### PARTS USED:-

Whole plants.

### MEDICINAL PROPERTIES AND USES :-

Leaves use to stop excessive menstrual flow, internal hemorrhaging and diarrhea .Root are diacritic used in colic pain and leucorrhoea. Decoction is given for bleeding piles, cough, and dysentery. Also used as tonic for sexual disability.

### CHEMICAL COMPOSITION:-

Saponins, tannins etc

### PRODUCTION TECHNOLOGY :-

It is cultivated in a rich , well-drained soil in sun. Ample water and humidity intensifies foliage colour. Plants grow under cover may be attacked by aphids. By seed sown in spring at 20°C (68°F).Whole plants are cut when coming into flower , and dried for infusions and liquid and eating fresh. Seeds are harvested when ripe.